

# **Heartland Center**

## **Sample Menu**

### **Breakfast**

Entrees: Biscuits & Gravy, Waffles with Fruit, Frittata, Cinnamon Rolls, French Toast Casserole, Scrambled Eggs, Breakfast Hash, Pancakes

All Breakfasts include Bacon, Sausage, Cereal, Fruit, Yogurt, Granola, Oatmeal, Milk, Orange Juice, and Coffee

### **Lunch**

Entrees: Taco Bar, Paninis, Stir Fry, Baked Potato Bar, Enchiladas, Ultimate Hot Dog Bar, Sandwiches, etc.

Sides: Soups, Cilantro Lime Rice, Potato Wedges, Chips, Street Corn, Sweet Potato Fries, Pasta Salad, etc.

All lunches include Full Salad Bar, Cookies or Brownies, Beverages, and Coffee

### **Dinner**

Entrees: Pork Pot Roast, Lasagna, Roasted Chicken, Pasta Bar, Barbeque Chicken, Shrimp Skewers, etc.

Sides: Rosemary Potatoes, Broccoli, Wild Rice, Mixed Veggies, Green Bean Casserole, Mashed Potatoes & Gravy, Bread Sticks, Rolls, etc.

All dinners include Full Salad Bar, Dessert, Beverages, and Coffee